#### BUTLER COUNTY PUBLIC HEALTH NURSING SERVICE COURTHOUSE, BOX 325 ALLISON, IA 50602

Telephone (319) 267-2934

#### BOARD OF HEALTH MEETING July 17, 2018

BOH Members Present: Deb Gayer, Joyce Dickes, Dr. Lindstrom Others Present: Jennifer Becker, Misty Kroeze, Tammy Fleshner

Visitor Present: Jeremy Miller

The regular meeting was called to order at 4:15 p.m. at the Board of Supervisors Meeting Room by Deb Gayer. No public comment was noted.

Dr. Lindstrom made a motion to approve the agenda as presented, and this was seconded by Joyce Dickes. Motion carried

Jeremy Miller presented his request for a Variance. He wants to disconnect from the Greene City water / sewer system and install his own septic system. He states the sewer/water rates are doubled outside of city limits, at a minimum of \$102.00 per month. He has approached the City of Greene without results. There is a planned increase in rates in the near future. His well has been tested, with good results. The Board of Health has the authority to grant a variance. The closest sewer is 351 feet from City Limits. The law says that anyone within 200 feet has to connect to City Sewer. Jeremy owns 15 acres, so there is plenty of room for a septic system. Discussion followed with review of maps. At this time, the variance request is for his personal property only, and not his apartment building. Dr. Lindstrom made a motion to grant this variance request, and Joyce Dickes seconded it. Motion carried. Misty Kroeze will now check soil samples, and proceed with the site survey.

Joyce Dickes made a motion to approve the previous meetings' minutes as written, and this was seconded by Dr. Lindstrom. Motion carried.

An explanation of the fiscal year end reports and summary was given by Tammy Fleshner. Dr. Lindstrom made a motion to approve the following claims: 6-5-18, 6-12-18, 6-19-18, 6-29-18, 7-10-18, 7-17-18 and 7-24-18; and this was seconded by Joyce Dickes. Motion carried.

The Environmental Health Year End Report was then distributed. See attached notes. Our Interagency Agreement with Floyd County has expired and needs to be reapproved. The new agreement will be self-renewing, with small changes made to the contract wording. Joyce Dickes made a motion to approve this agreement, and this was seconded by Dr. Lindstrom. Motion carried.

Jennifer Becker gave an update on the QAPI process. She has met with the nurses and brainstormed ways to meet the 2 QAPI guidelines chosen by the Board of Health at the last meeting. This list was given to the Board of Health, and they need to choose 2 or 3 ways to achieve these goals. Will need to write a plan and document how the goal is met, to see if the numbers improve. This process should be tracked. Interventions should be added to the Carefacts software to improve documentation. Parameter triggers for PT and OT referrals were discussed, and need to be adjusted. (i.e. "pain that limits function" or "can't take a bath because hip hurts") It was recommended that #1 and #3 be used for the pain when moving around goal. Medication monitoring was discussed, and it was recommended that this be assessed and instructed on at every visit, or at least weekly. A 'caddy pamphlet' could be used, and its acceptance and/or refusal should be documented. Bubble packs and signage on the refrigerator was also discussed. #1 & #5 were felt to be the most logical ways to meet this goal.

Jennifer Becker then gave the Staff Update: Mitch Nordmeyer is not able to be here. He has sent a Letter of Resignation, effective immediately. The Board of Supervisor appoints the Board of Health members. It was recommended that Greg Barnett fill this position. Jennifer will talk with the Board of Supervisors on July 31st for an official appointment.

Patty Nordmeyer has resigned, with August 1<sup>st</sup> being her last day. We will be accepting applications through July 20<sup>th</sup>. Currently we have 10 applications, with some being good, and one being very good. Interviews will be held next week.

We have two Home Care Aides retiring, one at the end of September, and the other at the first of November. Jennifer will reassess staff availability before hiring, but may need to hire.

Jennifer gave the Program Reports as follows:

We are starting a new fiscal year, '18-'19. We have had 31 admissions and 19 discharges since the last meeting.

- 1. The Immunization Grant has been signed by us and sent to the State for their signature
- 2. The LPHS contract is for slightly less funding this year.
- 3. Jennifer is currently working on the Care For Yourself subcontract with Franklin County Public Health.
- 4. Tricia is currently working on the recredentialing process. An onsite review is scheduled for August 7<sup>th</sup>. Tricia will be going on Maternity Leave at the end of August. She has admitted 3 new families since the last meeting. It has been funded, with a very slight increase in funding, but not fully funded.
- 5. The Tobacco Prevention contract has been fully executed.
- 6. The Communicable Disease program has included 3 salmonella cases, 1 Hepatitis B case, and 1 Cyclospora case, which was given back to the State for follow-up.

The next meeting will be scheduled for Tuesday, September 11th at 4:00 p.m. The meeting was adjourned.

Submitted by Tammy Fleshner, for

eyer Dieker

Joyce Dickes

# Environmental Health report to the Board of Health July 17, 2018

Jeremy Miller Variance: Jeremy would like to disconnect from the city sewer and install a code compliant private sewage disposal system. The previous owner had installed a private connection to hook into the city sewer main prior to selling it. The sewer and water rates keep increasing and he is currently paying almost double what town residents pay because he is not in city limits. This is creating an undue hardship to him.

There is plenty of space to allow for a private septic system, but I do have some concerns with limerock closer to the house. Even if limerock is found, there is plenty of good soil that could accommodate a septic system, it's just a matter of digging some test holes to find the best location.

#### 17-18 Fiscal Year Well Program:

Water tests: 159 (compared to 219 last fiscal year)

Well permits: 11 (17 last fiscal year)

Well closings: 18 (22 last fiscal year)

Rehabilitated: 6 (4 last fiscal year)

The 2017-2018 Grants to Counties well program was \$30,612 and all but \$20.22 of the grant was spent. I also completed the 25 samples for the Iowa Well Survey on Neonicotinoid Insecticides. I also volunteered to participate in the fall study, but different compounds may be sampled sine they have already done a fall and spring survey on the neonicotinoids.

Sat at the fair booth again this year and had approximately 30 people sign up for water tests.

We were also awarded \$30,612 for our 2018-19 Fiscal Year Contract. Those applications were just released at the end of June and awarded last week. Contracts are being finalized.

#### Septic

<u>Permits</u>: I issued 30 permits compared to 39 at this time last year. Contractors are still a little behind and I've done quite a few site visits, so permits may still pick up toward fall.

10 for New Construction; 7 for Failing Systems/wanting to update; 11 for TofT and 2 for campers/recreational uses.

#### Other

- Interagency Agreement
- Get ready to start pool inspections

### How often patients had less pain when moving around:

- 1. Educate patient on as needed pain medications
- 2. Educate patient on range of motion exercises
- 3. Evaluate patient for PT/OT
- 4. Educate patient on diet
- 5. Staff to attend in-service on improving body mechanics, heat/cold applications and positioning
- 6. Educate patients on use of proper body mechanics
- 7. Discuss heat/cold applications with patient's physician and obtain order
- 8. Educate patient on positioning techniques
- 9. Staff to attend in-service on therapeutic massage
- 10. Perform therapeutic massage as needed

## How often patients get better at taking their drugs correctly by mouth:

- 1. Evaluate for use of a medication caddy
- 2. Provide education to patient on their medications
- 3. Placement of medication caddy in a visible spot
- 4. Evaluate with physician for possible medication frequency reduction
- 5. Place signage in home to remind patient to take their medications
- 6. Set alarm on patient's phone to remind them to take their medications
- 7. Educate family/caregiver on medications and caddies
- 8. Educate/evaluate for appropriateness of bubble packs